

How to wash the hands?

Procedure duration: 40-60 secondes



Wet your hands
and put some soap



Cover all surfaces
of the hands



Rub palm against palm
through a rotating
movement



Rub the back of the
left hand exerted by
the right palm, and vice
versa



Rub the spaces
between fingers and rub
the thumbs.



Rub the pulp of the fingers
of the right hand by rotation
against the palm of the left
hand.



Rinse hands with water



Dry your hands
with a single-use towel.